

WOMEN'S HEALTH

UNIVERSITY OF PITTSBURGH | SCHOOL OF MEDICINE | DEPARTMENT OF MEDICINE

FREQUENTLY ASKED QUESTIONS:

WHY WOMEN'S HEALTH?

As research efforts expand to include women, the practice of medicine must incorporate new knowledge and provide care that is comprehensive in scope and sensitive to women's special needs and concerns. This track, established in 1994, was designed for residents with a strong interest in gender-specific medicine and was the first of its kind to be developed.

WHAT MAKES THIS TRACK DIFFERENT?

- **Training in women's health issues:** Residents receive additional training in diseases that are unique to women, more common in women, or that present differently in women. This training takes place in specialized continuity clinics, as well as in a series of electives spread throughout the three years.
- **Training in breast and gynecologic care:** Residents develop expertise in breast exams, pelvic exams, cervical cancer screening, family planning, preconception counseling, post-partum care, management of menstrual dysfunction, vaginitis, menopause, domestic violence, and sexual trauma. Residents will also be exposed to a variety of procedures including endometrial biopsy, colposcopy, nexplanon and IUD insertion.
- **Training in identifying mental health problems:** Experience in diagnosing and managing mental health conditions common to women is achieved along with understanding the relationship of such problems to medical illness and hormonal state. Topics like depression, anxiety disorders, somatization, substance abuse, domestic violence, eating disorders, and post-partum depression are included.
- **Exceptional mentorship:** Residents are paired with a dedicated women's health faculty advisor upon entering internship. All women's health faculty have received specific training in clinical women's health. This is a close community of faculty; residents benefit both from their personal and professional relationship with their direct mentor, and the mentorship provided by the group regarding work-life balance, career trajectory, and academic scholarship which occurs formally and informally over the three years of residency.

WHAT DO GRADUATES DO?

Our graduates have excelled in general and subspecialty careers alike. Residents completing the Womens Health Track have joined practices to provide gender-specific care, matched into women's health/general internal medicine fellowships, and have defined women's health niches for themselves in every major medicine subspecialty, including cardiology, gastroenterology, hematology/oncology, nephrology, endocrinology, rheumatology, and pulmonary/critical care medicine.



HOW DO I APPLY?

Apply using the NRMP number 1652140C1 which is specifically for the Women's Health Track. If space allows, applicants identifying an interest after matching to the categorical program also may be considered for a position in the Women's Health Track.

MISSION STATEMENT

Through an innovative curriculum of individualized training and mentorship, we are dedicated to developing physician leaders who will actively transform the science of medicine, and provide compassionate, evidence-based care to their patients.

Women's Health Track

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